



Simplicity Matters Earth Institute

www.simplicity-matters.org

SIMPLICITY LESSONS Circle Schedule

This sheet should be filled out at the first session of Linda Breen Pierce's *Simplicity Lessons* discussion circle. All chapters are listed; we suggest you choose eight of the twelve chapters—those that appeal the most to the group. Two volunteers are needed for each session: (1) **to offer an opening** and (2) to **facilitate the discussion**. We strongly suggest that the group implement action items, in which case a volunteer (3) **Note Taker** will keep track of what each person has committed to doing.

Circle Coordinator, please ensure that each participant receives a copy of this sheet after it is filled in, and remind participants of their forthcoming roles as needed.

Circle Coordinator Name / Phone # / E-mail: _____

Mentor Name / Phone # / E-mail: _____

Location for future meetings: _____

Session #	Chapters	Date	Opener	Facilitator	Action Items
1.	Why Simplify?		mentor	mentor	mentor
	Do You Own Your Stuff...?				
	Making Friends with Money				
	Home is Where the Heart Lives				
	Where Did All the Time Go?				
	Working with Passion				
	Moving About at Home and Abroad				
	Awakening the Spirit Within You				
	Minding Your Health and Well-Being				
	Finding Joy in Friends and Family				
	Embracing Community				
	Caring for Our Home, the Earth				
9.	Wrap-Up *		n/a	mentor	

* In this session participants evaluate the circle experience, and decide what they will do next. Two evaluation forms for SMEI are filled out by participants and collected by a SMEI volunteer. This session can be held at a different location (e.g., a public park) and may involve sharing food (e.g. potluck meal or dessert).