

# Healthy Children- Healthy Planet

*"My husband read the readings also. And for the first time in our married life we sat down and talked about our values."*

*-Healthy Children-Healthy Planet course participant.*

**HEALTHY CHILDREN—HEALTHY PLANET IS A SEVEN-SESSION DISCUSSION GUIDE FOR THE WORKPLACE, COMMUNITY CENTER OR HOME.**

**PARTICIPANTS IN THIS DISCUSSION COURSE WILL:**

Understand how the pervasive effects of advertising, media, and our consumer culture can influence a child's view of the world

Discover ways to create meaningful family times and healthful environments for children

Explore ways to develop a child's connection to nature, and to foster creativity

**LEARN MORE AT A FREE INTRODUCTORY MEETING!**

**WHERE:**

**WHEN:**



**SIMPLE LIVING FOR A SUSTAINABLE FUTURE  
In Maryland and the District of Columbia**

Simplicity Matters Earth Institute  
[www.simplicity-matters.org](http://www.simplicity-matters.org)  
[circles@simplicity-matters.org](mailto:circles@simplicity-matters.org)  
301-432-8721

**FOR INFO ABOUT THIS MEETING, CONTACT:**

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_