Join us to learn about a discussion circle on

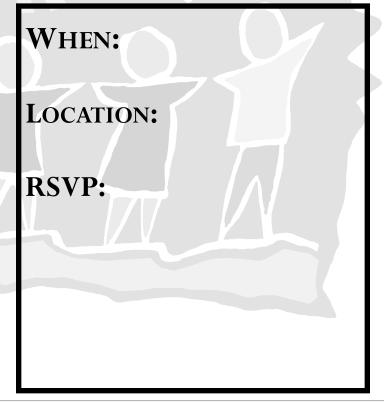
HEALTHY CHILDREN— HEALTHY PLANET

Explore ways in which adults can help children navigate through today's fast-paced, fast-food, consumer-focused society, by joining a self-facilitated discussion circle on Healthy Children—Healthy Planet. The circle will meet for 8 sessions, weekly or biweekly, and will offer provocative and accessible readings and honest conversation about raising children in a way that fosters an appreciation for simplicity, creativity, and nature.

You don't have to be a parent to participate in this circle. If you care about children, this circle may be for you. Bring your calendar and come find out!

TOPICS COVERED:

- 1. Cultural Pressures
- 2. Family Rituals and Celebrations
- 3. Advertising
- 4. Food and Health
- 5. Time and Creativity
- 6. Technology and the Media
- 7. Exploring Nature
- 8. Wrap-up



The discussion guides, published by the Northwest Earth Institute, will be ordered at this meeting (cost: \$20 + s/h). You may share a guide with someone else. If you cannot attend but are interested in joining this circle, please let the contact person above know. To join another discussion circle, contact us at circles@simplicity-matters.org or call Lena at 301-432-8721. More info: www.simplicity-matters.org/info