

Join us to learn about a discussion circle on

HEALTHY CHILDREN— HEALTHY PLANET

Explore ways in which adults can help children navigate through today's fast-paced, fast-food, consumer-focused society, by joining a self-facilitated discussion circle on Healthy Children—Healthy Planet. The circle will meet for 8 sessions, weekly or bi-weekly, and will offer provocative and accessible readings and honest conversation about raising children in a way that fosters an appreciation for simplicity, creativity, and nature.

You don't have to be a parent to participate in this circle. If you care about children, this circle may be for you. Bring your calendar and come find out!

TOPICS COVERED:

1. Cultural Pressures
2. Family Rituals and Celebrations
3. Advertising
4. Food and Health
5. Time and Creativity
6. Technology and the Media
7. Exploring Nature
8. Wrap-up

WHEN:

LOCATION:

RSVP:

The discussion guides, published by the Northwest Earth Institute, will be ordered at this meeting (cost: \$20 + s/h). You may share a guide with someone else. **If you cannot attend but are interested in joining this circle, please let the contact person above know. To join another discussion circle, contact us at circles@simplicity-matters.org or call Lena at 301-432-8721. More info: www.simplicity-matters.org/info**