



Simplicity Matters Earth Institute

www.simplicity-matters.org

HEALTHY CHILDREN, HEALTHY PLANET Circle Schedule

This sheet should be filled out at the first session of the Northwest Earth Institute's *Healthy Children, Healthy Planet* discussion circle. Two volunteers are needed for each session: (1) **to offer an opening** and (2) to **facilitate the discussion**. The group may decide to implement action items, in which case a volunteer (3) **Note Taker** will keep track of what each person committed to doing.

Circle Coordinator, please ensure that each participant receives a copy of this sheet after it is filled in, and remind participants of their forthcoming roles as needed.

Circle Coordinator Name / Phone # / E-mail: _____

Mentor Name / Phone # / E-mail: _____

Location for future meetings: _____

Sessions	Date	Opener	Facilitator	Action Items
1. Cultural Pressures		mentor	mentor	mentor
2. Family Rituals & Celebrations				
3. Advertising				
4. Food & Health				
5. Time & Creativity				
6. Technology & The Media				
7. Exploring Nature				
8. Wrap-Up *		n/a	mentor	

* In this session participants evaluate the circle experience, and decide what they will do next. Three evaluation forms are collected by the mentor: 1) for NWEI, with feedback about the readings, 2) for SMEI, with feedback about the circle experience and 3) for SMEI, with each individual's preferences about his or her next steps. This session can be held at a different location (e.g., a public park) and may involve sharing food (e.g. potluck meal or dessert).