

Menu for The Future

"Food is our common ground, a universal experience."

- James Beard

MENU FOR THE FUTURE IS A SIX-SESSION DISCUSSION GUIDE FOR THE WORKPLACE, COMMUNITY CENTER OR HOME.

PARTICIPANTS IN THIS DISCUSSION COURSE WILL:

Explore food systems and their impacts on culture, society and ecological systems

Gain insight into agricultural and individual practices that promote personal and ecological well-being

Consider ways to create and support sustainable food systems

**DISCUSSION CIRCLE STARTING SOON IN THIS NEIGHBORHOOD!
Come find out more at a free introductory meeting.**

WHERE:

WHEN:

**SIMPLE LIVING FOR A SUSTAINABLE FUTURE
In Maryland and the District of Columbia**

Simplicity Matters Earth Institute
www.simplicity-matters.org
circles@simplicity-matters.org
301-432-8721

FOR INFO ABOUT THIS MEETING, CONTACT:

NAME: _____

PHONE: _____

EMAIL: _____

