



# Simplicity Matters Earth Institute

www.simplicity-matters.org

## MENU FOR THE FUTURE Circle Schedule

This sheet should be filled out at the first session of the Northwest Earth Institute's *Menu for the Future* discussion circle. Two volunteers are needed for each session: (1) **to offer an opening** and (2) to **facilitate the discussion**. The group may decide to implement action items, in which case a volunteer (3) **Note Taker** will keep track of what each person committed to doing.

Circle Coordinator, please ensure that each participant receives a copy of this sheet after it is filled in, and remind participants of their forthcoming roles as needed.

Circle Coordinator Name / Phone # / E-mail: \_\_\_\_\_

Mentor Name / Phone # / E-mail: \_\_\_\_\_

Location for future meetings: \_\_\_\_\_

| Sessions                     | Date | Opener | Facilitator | Action Items |
|------------------------------|------|--------|-------------|--------------|
| 1. What's eating America?    |      | mentor | mentor      | mentor       |
| 2. Anonymous food            |      |        |             |              |
| 3. Farming for the future    |      |        |             |              |
| 4. You are what you eat      |      |        |             |              |
| 5. Toward a just food system |      |        |             |              |
| 6. Choices for change        |      |        |             |              |
| 7. Wrap-Up *                 |      | n/a    | mentor      |              |

\* In this session participants evaluate the circle experience, and decide what they will do next. Three evaluation forms are collected by the mentor: 1) for NWEI, with feedback about the readings, 2) for SMEI, with feedback about the circle experience and 3) for SMEI, with each individual's preferences about his or her next steps. This session can be held at a different location (e.g., a public park) and may involve sharing food (e.g. potluck meal or dessert).