



Simplicity Matters Earth Institute

www.simplicity-matters.org

VOLUNTARY SIMPLICITY Circle Schedule

This sheet should be filled out at the first session of the Northwest Earth Institute's *Voluntary Simplicity* discussion circle. Two volunteers are needed for each session: (1) **to offer an opening** and (2) **to facilitate the discussion**. For the Voluntary Simplicity Action Plan, we suggest that a volunteer (3) **Note Taker** keep track of what each person committed to doing before the next session.

Circle Coordinator, please ensure that each participant receives a copy of this sheet after it is filled in, and remind participants of their forthcoming roles as needed.

Circle Coordinator Name / Phone # / E-mail: _____

Mentor Name / Phone # / E-mail: _____

Location for future meetings: _____

Sessions	Date	Opener	Facilitator	Action Items
1. The Meaning of Simplicity		mentor	mentor	mentor
2. Living More with Less				
3. Making a Living				
4. Do you Have the Time?				
5. Living Simply on Earth				
6. Wrap-Up *		n/a	mentor	

* In this session participants evaluate the circle experience, and decide what they will do next. Three evaluation forms are collected by the mentor: 1) for NWEI, with feedback about the readings, 2) for SMEI, with feedback about the circle experience and 3) for SMEI, with each individual's preferences about his or her next steps. This session can be held at a different location (e.g., a public park) and may involve sharing food (e.g. potluck meal or dessert).