



Simplicity Matters Earth Institute

www.simplicity-matters.org

The Simple Living Wheel

16 spokes usually attract people to its center

Different people are attracted to simple living for different reasons. Inspired by Duane Elgin's "The Garden of Simplicity" and based on our own experience, we've identified 16 of these reasons, which we call the Spokes of the Simple Living Wheel.

As you explore whatever spoke of the wheel first attracted you to simple living, you'll find that other spokes are interconnected with yours. In the process of simplifying one aspect of your life, it's likely that you might end up simplifying other aspects too, as well as living more sustainably on Earth. All the paths converge at the wheel's center.

